

# Lilly the Lash

## Girl Scout Patch Program - Option 2

### "BLINK-O was the Game-O"

**Age Level:**  
Seniors

**Group Size:**  
2 to 30

#### **Materials:**

The Garden Gathering book by Julie Woik  
Lilly's BLINK Cards and Randomized Calling List (Included)  
The BLINK Report (Included)  
Coins or buttons to mark their words (can use bingo blotters)  
Optional: Small prizes (can purchase items from the Lilly the Lash Collection)



#### **Discover:**

Read The Garden Gathering together as a group. Afterwards, discuss the meaning of self-esteem. Discover the behaviors and actions that affect self-esteem and our attitude towards others, by reviewing the words from the BLINK cards.

#### **Connect:**

- Each Girl Scout will get a BLINK bingo card.
- Use the coins or buttons or marker pen to check off words.
- The troop leader will call out the letters and words until a girl wins.
- Give out small gifts to the winners if you choose to.

#### **Take Action:**

Have the girls gather together in a circle. Give each Girl Scout a copy of The BLINK Report. In the next week, the scout will use 5 of the words from the BLINK game to affect their own self-esteem or someone else's. They will then write about that experience and share it at the next meeting.

Example: **Words used?** Hope, Praise, Kindness, Courage, and Positiveness.

**What did you do?** A girlfriend of mine from school found out she has dyslexia. She was crying and very upset. I used all of the words from my list to help her feel better.

**How were you affected?** I was sad at first because she was so down, but then when I talked with her and told her how many other wonderful traits she has, she felt better and I did too. It was pretty cool!